Supply and availability:

Caya® is re-usable for two years. Shelf life time is five years.

We could supply your NGO or social marketing activity with consumer packs: Caya® diaphragm in its case, Instruction for use in the local language, packed in a cardboard box for approx. The additional to be used contraceptive gel will be provided in single dose sachets.

How to integrate Caya® into your family planning program?

1. We suggest pilot testing Caya® with family planning providers and women in your community to assess uptake and acceptability.

2. We can provide education and training materials that can be adapted for country use.

3. We can assist with registration of Caya® and Caya® Gel for your country.

Give women the choice for a new hormone-free contraceptive!

Further questions:

Please contact: Martin Kessel
kessel@medintim.de

Studies/References:


PATH licensed Caya® contoured diaphragm to KESSEL medintim GmbH.

Manufacturer and distributor:

KESSEL medintim GmbH
64546 Mörfelden-Walldorf
Germany
Tel: +49 (0) 6105 20 37 20
www.medintim.de
Made in Germany

CE 0483
Medical device
FDA approved

Caya® contoured diaphragm
Easy to use!
Re-usable for two years!
Hormone free!
The Caya™ contoured diaphragm is a new contraceptive barrier device. It is anatomically and ergonomically shaped and fits a broad range of women.1,2,4

- **Cervical cup:** extremely thin, covering the cervix completely. Unobtrusive during sexual intercourse.
- **Rim:** soft and flexible to help with insertion; provides stability to guide the Caya™ deep into the vagina to cover the cervix.
- **Grip dimples:** provide a tactile cue where to squeeze the rim during insertion.
- **Removal dome:** allows for easy removal; a woman’s finger can fit under or over the dome to remove the device.
- **Center Point:** palpable center point for a better positioning of the diaphragm.

Caya™ contoured diaphragm was developed through a user-centered process to expand women’s options for non-hormonal contraception. Feedback from women, men and providers in multiple countries refined its special features. In multiple clinical studies2,3,4,6, women and men have reported Caya™ is easy to use and acceptable for both partners. The single-size design means Caya™ is easy to supply and provide.

The Caya™ diaphragm is as safe and effective as a traditional diaphragm or male condoms. The Kaplan – Meier cumulative 6 month typical use pregnancy probability for Caya™ was 10.4 per 100 women.4

**Indication:**
Caya™ contoured diaphragm is a contraceptive device for all women who want to use natural and safe contraception.

It is suitable for women:
- who don’t want to use hormonal methods
- who don’t want to use an IUD
- who are breastfeeding
- who want contraception only when necessary
- who are allergic to latex (male condoms)
- nulliparous and parous women
- who prefer a self controlled reversible method

**Safety:**
- pH value of 3.8 (lactic acid) viscosity of the gel: inhibiting sperm motility6

Studies have demonstrated that the diaphragm is safe all the way from the first use. Ease of use and effectiveness increase with experience the longer and more often a woman uses a diaphragm.5,6

**Contraindications:**
- six weeks postpartum
- if a diaphragm measuring 60 mm, 85 mm or more has previously been used
- acute or chronic recurrent urinary tract infections
- severe uterine and vaginal prolapse
- Cystocele with loss of the retropubic recess in the vagina
- small or absent pubic arch